

Yoga with Emily at SoulSpace Yoga & Wellness

DISCLOSURE AND GENERAL RELEASE

I, the undersigned, fully understand that this session/class/workshop/training is educational and that I am solely responsible for my health, safety and well-being while participating in person or online. In addition, I agree to assume all risk of damage or injury that may occur as a result of my participation.

I understand the risks involved and agree to hold harmless, assume and risk and take full responsibility and waive any claims of personal injury, COVID-19 infection, death/damage to personal property associated with SoulSpace, or any of its affiliates.

I agree that I will inform my instructor of any activity which I cannot safely perform and that I will not perform (or attempt to perform) any activity which I feel is likely to cause me to injure myself in any way.

I agree to hold harmless, release and discharge the instructor and the studio SoulSpace, from any and all claims, demands and actions of any nature, whether present or future, anticipated or unanticipated, known or unknown, that may result from my participation in any class/workshop/training.

If I am under the care of any physician, counselor, therapist, etc., I have received permission from them to attend this class/workshop/training.

I affirm that all of the information I have provided is complete and accurate and am signing this agreement under no duress, without inducement, promise or guarantee. If I am not of legal age, my parent/guardian/responsible person has agreed to this waiver/release on my behalf.

Name: _____

Date: _____

Signature: _____

(Parent/guardian if under 18 years of age)